



Have fun with your child practising some of these listening memory skills. Remember, little and often, is better than all in one go!

Contact Details:

If you have any concerns regarding your child's listening or memory, in the first instance please speak to the class teacher at the end of the day or arrange a meeting in school.

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Supporting your child with



Listening Memory Skills

LISTENING MEMORY SKILLS

Listening skills are an important part of daily life. The ability to listen with understanding and sustained concentration is a major key to success in education. Listening skills can be split into two distinct sections.

1. **Listening Memory Skills** - being able to remember what has been heard and the ability to follow oral instructions.
2. **Listening Comprehension Skills** - The ability to understand oral instruction in order to complete a set task.

The mind is like a muscle it can be exercised and strengthened and to do this memory games and activities should be practised regularly.

Remember:

When trying to hold something in the memory, a picture "in the head" or creating a silly story can aid recall.

Music can help too. Repeat tables, spellings, instructions to a turn or rhythm.

Activities to help improve Listening Skills

- * Copy a tapped out rhythm use clapping or fingers on table.
- * Repeat a series of sounds, words or numbers.
- * Repeat rhymes, jingles, or popular songs.
- * Portmanteau Games, "I went to the zoo and I saw"
"In my suitcase I put",
"In my Christmas stocking I found....."
- * Cumulative songs, "Five speckled Frogs", "Five current Buns",
- * Play "Simon says....."
- * Repeat a sequence of events real or imaginary.
- * Retell a story in the correct sequence, use pictures or puppets as an aid.
- * Remember and retell a joke.
- * Follow a sequence of instructions to make a model, bake a cake...
- * Follow a sequence of oral instructions e.g. open the door, turn around twice and sit on the floor.
- * Follow instructions to complete a task. Give a single instruction, "Clean your teeth". Then give related instruction: "Put the toothpaste in the holder". The activity can be extended by giving two instructions together or making the instructions more specific e.g. Clean your teeth using the new tube of toothpaste.