



Family Support Service by SCTSP in Partnership with Staffordshire County Council

CANNOCK

FREE ONLINE BEHAVIOUR WORKSHOPS

& WELLBEING PROGRAMMES

Understanding and Managing Anger and Defiance in Children and Young People

(Parent Only) Please choose one of the following dates and times:

Tuesday 8th September: 9.30-10.30am or

Tuesday 15th September: 6-7pm

Understanding and Managing Anxious Behaviour and Low Self Esteem in

Children and Young People (Parent Only)

Please choose one of the following dates and times:

Tuesday 22nd September: 9.30-10.30am or

Tuesday 29th September: 6-7pm

4 -Week Parent Wellbeing Programme

Start Date: Friday 11th September

Times: 11-12pm

Helping Children to Understand and Manage Anger and Difficult Feelings

A workshop for Children and Parents to do together

Saturday 26th September 2020

Times: 10-11am

To book your place please contact:

Email: raminderdaliwal.fss@sctsp.org.uk or text/phone: 07741645691.

Once you have booked you will be sent instructions on how to access the Workshop/Programme.

