



**Family Support Service by SCTSP in Partnership with Staffordshire County Council**

## **CANNOCK**

### **FREE ONLINE BEHAVIOUR & WELLBEING WORKSHOPS/PROGRAMMES**

#### **Programmes for Parents**

**4- week Programme Understanding and Managing  
Defiant Behaviours and Anger in Children and Young People**

**Start date: Thursday 22<sup>nd</sup> April 2021**

**1.30-2.30pm**

#### **Workshop for Parents**

**Helping Children to develop a Positive attitude and a Growth Mind-set**

**Date: Monday 19<sup>th</sup> April: 10-11.30am**

**Helping Children to Build Self Esteem and Manage Social Anxiety**

**Date: Monday 17<sup>th</sup> May: 1-2.30pm**

To book your place please email your name, date of programme and telephone number to [raminderdhalwal.fss@sctsp.org.uk](mailto:raminderdhalwal.fss@sctsp.org.uk) or

text/phone with your name, date of programme and email address to [07741645691](tel:07741645691)

Once you have booked onto you will be sent instructions on how to access the

Workshop/Programme.

