



Laches Wood



Wednesday 22nd May
- Friday 24th May



Why are we going?



To build independence

To build resilience

To build teamwork

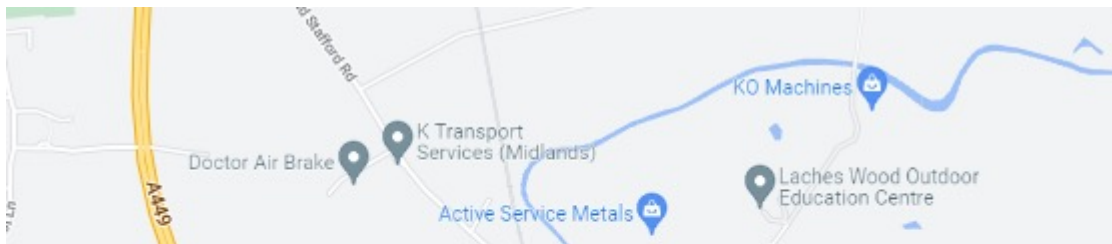
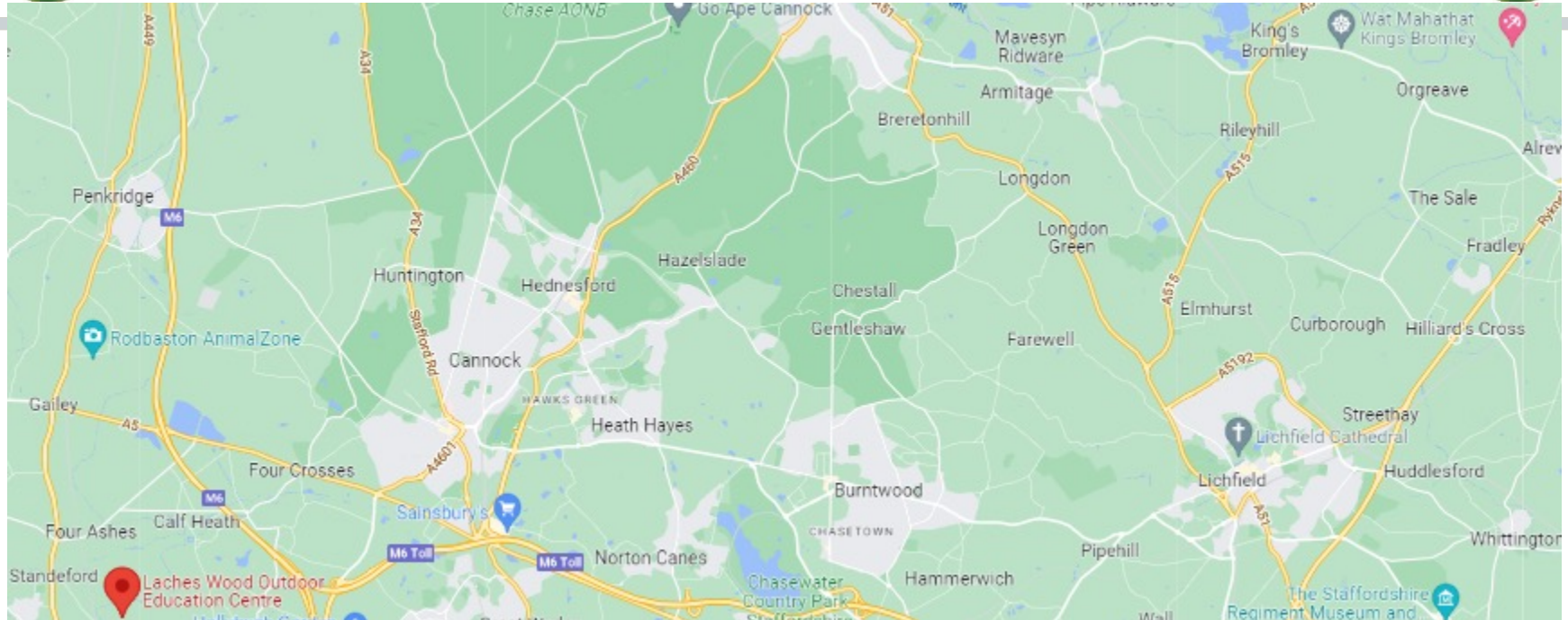
To have fun!

<https://www.entrusted.co.uk/services/our-centres>





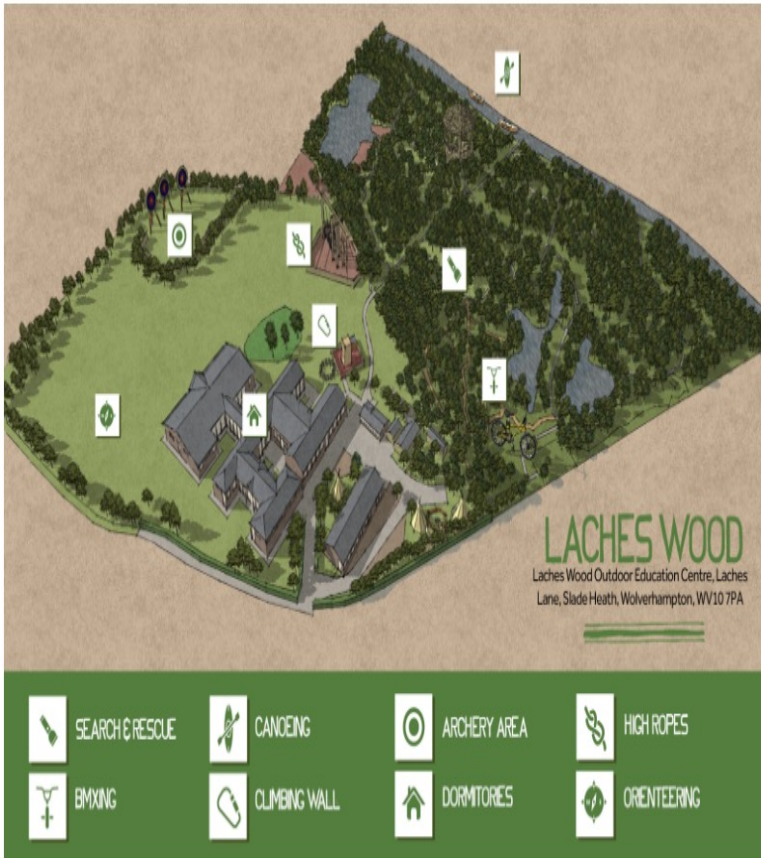
Where is it?



Laches Ln,
Slade Heath,
Coven,
Wolverhampton WV10
7PA



Laches Wood



There will be other schools visiting Laches Wood while we are there.

We will have our own part of the building for our dormitories.

School staff will have bedrooms next to the children's dormitories.



Who will be going?



Mrs Jane

Mrs Thurstance

Mrs Hall

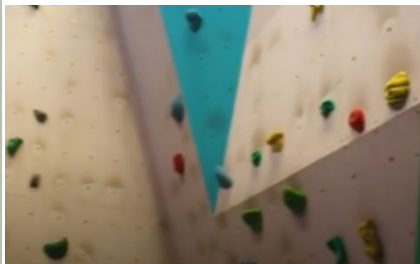


What will we be doing?



A programme of events has been created to link to our aims for our trip linked to - independence, teamwork, communication, resilience

The children will complete their activities, alongside staff and trained instructors.





What types of activities will we be doing?



		K&L		M&N	
Wednesday	Morning 10.30am – 12.30am	Arrive 10:30am and introductions Settle into the centre			
	Afternoon 1.45pm – 5pm	Rafted Canoes		Rafted Canoes	
	Evening 7pm – 8pm	Global Domination			
Thursday	Morning 9.30am – 12.30	Bushcraft		Bushcraft	
	Afternoon 1.45pm – 5pm	Blindfold Trail Orienteering		Orienteering Blindfold Trail	
	Evening 7pm – 8pm	Birds, Bees and Butterflies			
Friday	Morning 9.30am – 12.30	Caving Rock Room		Rock Room Caving	
	Afternoon	Depart – 1:30pm			



What will we be eating?



Outdoor Education Menu

 **edwards and ward**
a recipe for success

Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Omelette with Sausage & Hash Brown	Scrambled Egg with Bacon & Potato Waffle	Omelette with Sausage & Spaghetti Hoops	Bacon with Hash Brown & Tomatoes	Scrambled Egg with Sausage & Beans

ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Teacakes, Crumpets & Pancakes with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice

Lunch: Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Pork Sausages with Mash, Yorkie & Gravy	Pasta with Chicken Meatballs in Classic Tomato Sauce with Garlic Bread	Roast Turkey with Roasties & Gravy	Fish Fingers with Seasoned Potato Wedges
	Veggie Sausages with Mash, Yorkie & Gravy (v)	Classic Tomato Pasta with Garlic Bread (v)	Quorn Fillet with Roasties & Gravy (v)	Margherita Pizza with Seasoned Potato Wedges (v)
	Carrots & Peas	Peas & Sweetcorn	Carrots & Broccoli	Sweetcorn & Slaw
	Chocolate Brownie	Toffee Apple Sponge	Marble Sponge	Jam Sponge

Jacket Potatoes with a choice of fillings

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.



Where will we be staying?



We will be staying in the 'Mountain Dorm Lodge'

The children will be staying in 5 rooms with bunk beds.

We have 3 larger rooms which sleep between 12 to 16 children and 2 rooms which sleep 5/6 children.

Girls and boys will be in separate rooms.

Rooms will be organised nearer the time.

Staff will be in rooms next door to the children.





How to prepare



- Packed lunch for the first meal.
- Teddy bear/Soft toy - We would like everyone to bring a teddy bear or soft toy that is familiar, to help feel settled.
- Please see kit list - the children will need to bring a single duvet cover and pillow case, they can also bring their own bottom sheet if they would prefer.
- The children will be asked to make their bed on arrival - please practice - we will be on hand to help!
- As mentioned on kit list - old, comfortable clothes are ideal.
- Book for bedtime



How to prepare



- No snacks/food/sweets - the children are not allowed snacks/food in the dorm rooms - this is for health and safety reasons.
- No electronics e.g. phones, hairdryers
- Please be mindful of only packing essential items - the children will have to carry their bags to their rooms.
- Please label all clothing and items!



How are we getting there?



- We will be leaving Henry Chadwick on Wednesday morning at 9:30am.



Timetable



Each morning the children will be woken between 7am and 8am, and given time to get washed and ready.

The children will eat breakfast and dinner in the hall. Lunch will be a packed lunch which we will eat in our lounge area.

There will be times the children will be able to play on the field- staff from HC will supervise during these times

Bedtime will be around 8:30pm



Dormitories



Expectations

Noise

Electronics

Torches

Cameras

Food and Drink



Tuck Shop



Laches Wood will provide a small souvenir tuck shop.

Henry Chadwick will provide a small tuck shop (sweets, chocolate, crisps etc) so that children can still have the experience of handling money.

Children will be allowed to buy one snack each evening and will eat it in the lounge.

No more than £5.00, please, in a labelled envelope/wallet



Health and Safety



All staff at Laches Wood are qualified in the activities they provide and are all first aid trained.

All information that has been provided on the medical forms will be looked at in detail by the staff.



Emergency Contact



If in case of emergency, if you need to contact us during the day, please phone the school, who will in turn contact Mrs Jane or Mrs Thurstance .

We want to keep contact limited to promote independence.

In an emergency we will contact you directly.



Questions



What if my child is homesick?

Children usually have a great time while they are away and they are usually too busy to dwell on things, although missing home and managing emotions is part of the learning experience.

We are asking all children to bring a soft toy to help with this. If a child is finding it particularly hard, despite lots of support and strategies to help, we will contact you.



Questions



Can my child bring a mobile phone/call home?

Please do not allow children to pack and bring a mobile phone or other electronics. We discourage children calling home as this often brings on homesickness.

Parents will be contacted if we are worried about a child's well-being.

We will provide regular updates via T2P on what the children are doing.



Questions



What if my child doesn't like an activity?

We encourage all children to take part in each activity and give it a try.



Questions



What if my child doesn't feel well?

You can send Calpol sachets, in case your child feels unwell while we are away.

Please can you hand Calpol/medication to staff before we leave and that calpol/medicine is labelled in a clear, resealable bag with your child's name and dosage.

Should your child need Calpol while we are away a member of staff will contact you.

Any prescribed medication should be handed to a member of staff with details of dosage, timings etc



Important Bits



Medical/ dietary information - First date to be handed **Wednesday 8th May**- if must be in by **Monday 20th May**. If you need to update anything after this please let us know.

Packed Lunch- Your child will need a packed lunch for their first meal.

Clothing- Old clothes are best, please do not buy new clothing.



Questions



General Questions

Individual Queries